

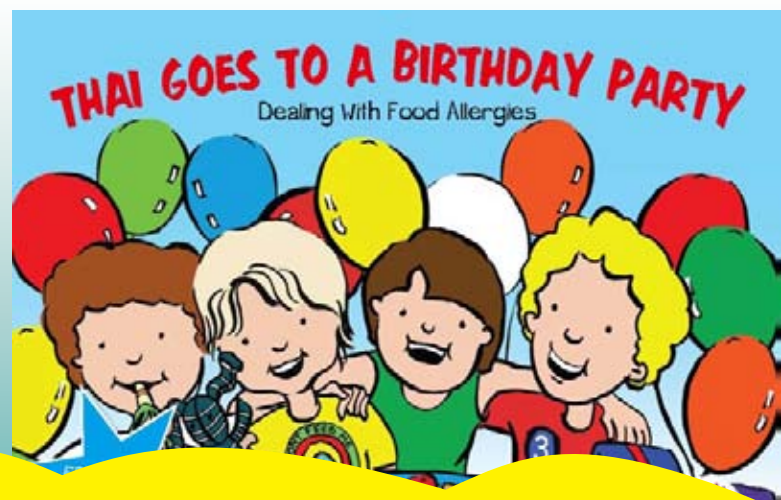


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Discussion Points

Questions related to Book 1

- **Q. Can you remember what foods Thai is allergic to?**
 - A. All Nuts, Dairy, Egg and Shellfish
 - **Q. Is it okay for Thai to share food?**
 - A. **No** - He has food allergies.
 - **Q. Can Thai still go to Birthday Parties and have fun?**
 - A. **Yes** - He is just the same as everyone else; he just has to bring his 'safe party food' including a 'safe cake'.
 - **Q. Do you think chocolate biscuits are safe for Thai to eat?**
 - A. **No** - Most chocolate biscuits have dairy or nuts in them. Thai's mum could make him some **safe** biscuits without these foods in them.
 - **Q. When Thai leaves the party he is given a party bag with balloons and lollies in it. The lollies have milk in them? Can Thai eat the lollies?**
 - A. **No** - Thai cannot eat them, they contain traces of milk. His mum can swap them for some **safe** lollies.
 - **Q. How could we tell if Thai is having an allergic reaction?**
 - A. He might have - hives/itchy spots on his body
 - stomach pain and/or vomit
 - swelling of his lips, face and eyes
 - a bad cough.
- A serious reaction is called **Anaphylaxis** - Thai may have difficulty breathing, he may faint or have swelling of his tongue.
- **Q. Does anyone know what medicine Thai's mum always carries for him?**
 - A. An auto-injector, also called an EpiPen (Anapen, Twinject, Adrenaclick, Auvi-Q and Jext) [Use the name of your child's auto-injector.](#)
 - **Q. How could we help Thai if he came to this childcare centre or school?**
 - A. We can wash our hands after eating and not share food or drinks.



The above are suggestions only. Any medical advice should be sought from your doctor
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