## Questions to ask your chosen School



Dedicated supplier of educational allergy resources

- What policies do you have in place for children with food allergies and anaphylaxis?
- Where are EpiPens located? In the classroom? In the school office? Remember EpiPens need to be close by, and never locked in an office. If they are located in the office how long will it take to get EpiPens if they are doing Sport or Music?
- Where will details of my child's allergies and Action Plan be displayed? In the classroom? In the staff room? At the tuck-shop?
- Are all teaching staff trained to recognise the signs of anaphylaxis and competent in the use of an auto-injector? Does this include relief staff?
- Who supervises snack breaks and lunch times? Are these teachers aware of which children have allergies?
- How is information about my child's allergies passed on to relief staff?
- Is there a freezer for storing my child's 'safe cake' so my child can be included in birthday celebrations?
- Do you have a 'No food and drink sharing policy' at the school?
- Do you have a hand washing policy? Students remember to wash their hands before and after eating.
- Do you have any food bans at this school? How are these monitored?
- Are craft supplies, science experiments and cooking lessons monitored for possible allergens?
- Is food given out in the classrooms as rewards? Do teachers use non-food items like stickers and stationery?
- Are students and parents educated about food allergies in class and through school newsletters?
- How can my child be included in Easter and Christmas celebrations?

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The above are suggestions only. Any medical advice should be sought from your doctor Email: info@myfoodallergyfriends.com www.myfoodallergyfriends.com