



Books for children with
Food Allergies

Questions to ask your chosen school

- What policies do you have in place for children with food allergies and anaphylaxis?
- Where are EpiPens located? In the classroom? In the school office?
Remember EpiPens need to be close by, and never locked in an office.
- Where will details of my child's allergies and Action Plan be displayed?
In the classroom? In the staff room? At the tuck-shop?
- Are all teaching staff trained to recognise the signs of anaphylaxis and competent in the use of an auto-injector?
- Who supervises snack breaks and lunch times? Are these staff aware of which children have allergies?
- How is information about my child's allergies passed on to relief staff?
- Is there a freezer for storing my child's 'safe cake' so my child can be included in birthday celebrations?
- Do you have a '**No food and drink sharing policy**' at this school?
- Do you have a '**Reminder to wash hands before and after eating**' at this school?
- Do you have any food bans at this school? How are these monitored?
- Are craft supplies, science experiments and cooking lessons monitored for possible allergens?
- Is food given out in the classrooms as rewards? Do teachers use non-food items like stickers and stationery?
- Are students and parents educated about food allergies in class and through school newsletters?
- How can my child be included in Easter and Christmas celebrations?